

FISH CHOWDER WITH WINE AND BACON

Serves 4-6

INGREDIENTS:

- 5 strips bacon
- 1 large onion, finely chopped
- 2 large russet potatoes, peeled and cut in 1/2-inch cubes (about 3-3.5 cups)
- 1/2 cup white wine (Sauvignon Blanc or Pinot Grgio)
- 1 (8oz) bottle of clam juice
- 3 cups of water
- 1 teaspoon salt
- 1 teaspoon chopped fresh thyme
- 2-3 bay leaves
- 1.5 pounds Whitefish (Pollock, Haddock, Sea Bass, or another white type fish works well too) skin removed
- 1/2 cup heavy cream
- zest of one lemon
- 1 tablespoon fresh lemon juice
- 1/2 cup fresh parsley
- Salt
- Pepper
- Olive Oil



PHOTOGRAPHY AND STYLING BY IGLIKA PETROVA

DIRECTIONS:

- 1. Chop the bacon in small pieces (about 1/4-inch). Heat 1tbs olive oil in a Dutch oven or a large pot, add the bacon and cook in until crispy by stirring from time to time so it doesn't burn. Remove the cooked bacon with a slotted spoon, place on a paper towel-lined plate and set aside for later. Add the onion to your cooking pot with the leftover oil and bacon fat, and cook until soft and translucent, about 5 minutes. Add potatoes and the wine, stir and cook for additional 1 minute to allow the alcohol to escape. Add the clam juice, 3 cups of water, bay leaf, thyme, 1 teaspoon salt and bring to a boil. Lower the heat and simmer on low for about 20-30 minutes, or until the potatoes are soft.
- 2. When potatoes are cooked, turn the heat off and remove the bay leaves. Cut the fish into large chunks (about 4-5 inches), do not worry the fish will break into smaller pieces when stirred around in the pot when cooked. The large chunks will prevent the fish from turning into a mush. Add the fish gently into the soup. Make sure the fish is nestled well and covered with liquid. Let it sit with heat off and undisturbed for 30 minutes. The hot liquid will gently cook the fish into a buttery, soft texture.
- 3. After 30 minutes add the cream, lemon zest and lemon juice, and gently stir the pot. Taste and add more salt, pepper and lemon juice if needed.
- 4. Ladle the soup into serving bowls, top with freshly chopped parsley and the reserved cooked bacon bits. Enjoy!